

## The Credentialing Process

Registered Dietitians (RDs) are food and nutrition experts who have met the following criteria to earn the RD credential:

1. Complete a minimum of a bachelor's degree at a U.S. regionally accredited university or college and course work approved the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND). [Program Directory \(eatrightpro.org\)](http://eatrightpro.org)
2. Complete an ACEND-accredited supervised practice program at a healthcare facility, community agency, or a foodservice corporation, or combined with undergraduate or graduate students. The Baptist Health System Dietetic Internship provides this required supervised practice component.
3. Pass a national examination administered by the [Commission on Dietetic Registration \(cdrnet.org\)](http://cdrnet.org)
4. Complete continuing professional educational requirements to maintain registration. In the state of Texas, once an individual obtains the Registered Dietitian credential they can apply for state licensure