

The Credentialing Process

Registered Dietitians (RDs) are food and nutrition experts who have met the following criteria to earn the RD credential:

1. Complete a minimum of a bachelor's degree at a U.S. regionally accredited university or college and course work approved the [Accreditation Council for Education in Nutrition and Dietetics](#) (ACEND) of the Academy of Nutrition and Dietetics (AND).
2. Complete an ACEND-accredited supervised practice program at a healthcare facility, community agency, or a foodservice corporation, or combined with undergraduate or graduate students. The Baptist Health System Dietetic Internship provides this required supervised practice component.
3. Pass a national examination administered by the Commission on Dietetic Registration (CDR).
4. Complete continuing professional educational requirements to maintain registration. In the state of Texas, once an individual obtains the Registered Dietitian credential they can apply for [state licensure](#).