

Patient Navigator – St. Luke’s Baptist Hospital

Congratulations, Mommy-To-Be!

From the moment you discovered you were going to have a baby until after delivery, you are on the journey of a lifetime. By selecting the Baptist Health System, you chose the most compassionate and dedicated obstetrical navigators available to guide you through this memorable experience. We’ve anticipated your needs and have a complete itinerary prepared to treat you like the pampered guest you are. It is our pleasure to welcome you to the Navigator Program at St. Luke’s Baptist Hospital.



Gina Tengler is an honors graduate of Texas Tech University with bachelor degrees in human development, family studies and nursing. Working both as a labor and delivery nurse and with extensive experience in a clinical setting, Gina has a comprehensive background in the delivery and continuity of care. As an expectant mother, you can be assured that Gina, has the knowledge and ability to facilitate your transition with insightful answers and thoughtful guidance through the entirety of your prenatal experience. Gina can provide answers to patients on how to navigate the registration process, schedule educational classes and facilitate consultations in high-risk pregnancy situations. With a compassionate and holistic approach, we understand that the mind, body, spirit of an expectant mother is entrusted to our care. You can be confident that Gina will help to create a joyous experience worthy of the lifelong memory shared by you and your partner.

Contact Gina Tengler at SLBNavigator@baptisthealthsystem.com or (210) 297-5061.

Select the Great Expectations Program at St. Luke’s Baptist Hospital

Need help preparing for your pregnancy?

Any expectant mom knows the anticipation of the birthing experience is an exciting time but can sometimes be overwhelming. The Patient Navigator at St. Luke’s Baptist Hospital will help moms feel confident and comfortable before the big day arrives.

WHAT IS A PATIENT NAVIGATOR?

Our patient navigator is a registered nurse who can answer your hospital related questions, help you navigate your way through the registration process, schedule classes, facilitate Neonatal Intensive Care Unit consultations when necessary and provide you with the latest important information.

The patient navigator will be available to you in the second and third trimesters, during your stay in the hospital and after your delivery as you transition into parenthood.

While in our care, a celebratory meal for the parents to ease the tension, photos to capture the first moments of your new baby’s life, and experienced consultants to guide you through the topics of lactation, circumcision, postnatal recovery and answer any questions you may have.

Other benefits to make your journey easier:

- Receive personal assistance with the pre-registration paperwork and financial estimate process
- Discuss what to expect during your hospital stay including what to pack, information about breastfeeding, hospital perks and available classes and tours
- Have a personal contact available for questions about the hospital and delivery process
- Personalized discussions about birth plans, doula services, family-centered care and gentle cesarean birth options